

File No: 93-10001/14/2025-GAD STC Shillong/Circular/1

Date: 18.09.2025

Circular

Subject:- Open Selection trials in Karate Discipline for the selection of National Karate Squad.

The constituted Karate Organizing Committee, under the aegis of the Sports Authority of India is conducting an Open Selection Trials for the selection of National Karate Squad **(Event:Kumite)** in the karate discipline for forthcoming international events till further trails.

The Open Trials will be held from 12th to 14th October 2025 at SAI STC Shillong, Meghalaya. All the eligible and interested Athletes to participate in the above trials may please register in the [registration link](#) before the deadlines fixed as under:

Online registration	On Or Before 7 th October 2025
Date of reporting & verification of documents	12th October 2025 08:00 am to 01:00 pm (Male & Female Participants)
Weight in Male & Female Participants	Date: 12 th October 2025 02:00 pm to 06:00 pm
Bouts (Male & Female) (Preliminary & Final Blocks) -50 kg Female -55 kg Female -67 kg Male -75 kg Male	It will start at 09:00 am on 13 th October 2025
Bouts (male, Female) (Preliminary & Final Blocks) -61 kg Female -68 kg Female -84 kg Male +84 kg Male	It will start at 09:00 am on 14 th October 2025

In addition to the eligibility, the boarding and lodging, transportation, insurance etc, shall be borne by the individual himself/herself. The General Information, Rules and Regulations of the above trials are attached for your information and necessary action.



(T S Chavhan)
Deputy Director
Sports Authority of India
Member Convener
Karate Organising Committee

Open Selection Trials - National Karate Squad
2025-26
From 12th to 14th October 2025 at SAI STC Shillong.

Rules and Regulations:

1. Organized By: Sports Authority Of India

The Open Selection Trials for Karate Discipline will be conducted under the control and guidance of Sports Authority of India appointed Tournament Director and Technical Officials.

2. NAME & COMPETITION DATES:

- **Open Selection Trials for the selection of National Karate Squad in the Karate Discipline (Event:Kumite)**
- **Date: 12th to 14th October 2025**
- **Venue: Sports Authority of India (SAI) Training centre, NEHU Campus, Shillong, Meghalaya.**

3. Minimum Eligible criteria for the selection trials.

- a. **Citizenship:** Must be an Indian citizen with valid government-issued identification.
- b. **Age Limit:** Above 18 (Participated in Senior Kumite Events).
- c. **Minimum Performance:**
 - 1) A player shall be eligible to participate in the selection trials only if he/she has secured;
 - i. A Gold, Silver, or Bronze Medal in the National Championships conducted by the all existing non recognized Karate Federations in the last 12 months;
 - ii. A Gold, Silver, or Bronze Medal in All India Police Judo Cluster 2024 (Karate Event);
 - iii. A Gold, Silver, or Bronze Medal in All India Inter University Championship 2025.
 - 2) **Health & Fitness:** Must be medically fit. **A valid medical fitness certificate from a registered medical practitioner is mandatory.**
- d. **Athletes must compulsorily produce proof of participation in the State Championship, which served as the basis for their entry into the National Championship where they secured the medal (the relevant state**

championship certificate along with national championship certificates).

e. Eligible Weight categories:

Men	Women
-67 Kg	-50 Kg
-75 Kg	-55 Kg
-84 Kg	-61 Kg
+84 Kg	-68 Kg

4. Documentation & Equipment:-

a. Mandatory Documents:

- Original Birth Certificate /Aadhar Card (for age verification)
- Two recent passport-size photos.
- Merit Certificates obtained in the State and National Karate Championships held within the last 12 months.
- Self-declaration form attached in the Annexure-A.

b. **Kumite Uniform:** Participants must bring Red and Blue Kumite Gi and all Safety Equipment as per the requirements, as per the WKF **Rules**.

5. Selection Trial format:

a) **General format:**

1) Elimination system with repechage.

b) **Rules:** Matches will be governed strictly as per the World Karate Federation (WKF) rules.

c) **Officiating:** Conducted by certified referees and technical officials appointed by the Sports Authority of India.

6. Videography:

a) Videography of all matches is mandatory.

b) The Sports Authority of India will record all matches for official review, transparency, and documentation purposes.

7. Participation/Eligibility:

- a) All the players must fall in the respective weight Group, and as per the other rules and regulations mentioned.
- b) NO Merit/Participation Certificate will be issued to any athlete/official for this event/trials.

8. ENTRIES:

- a) Final Entry by Name must be received on or Before 07th October 2025 through the registration link. NO Entry will be accepted after the deadline.
- b) NO change or re-arrangement of players will be allowed after the entries are submitted until and unless injury/medical ground. A player who fails to qualify at any stage will be disqualified and no one else can be substituted in his/her place.

9. WEIGH-IN:

- a) A player must fit into his/her weight category and cannot play in a higher or lower weight category. Each competitor shall be allowed upon the scales only once during the official weigh-in.

10. DURATION:

- a) Male: 3 Minute
- b) Female: 3 Minute

11. Decision Review & Protests:

- a) Official Protest will be handled as per WKF Rules.
- b) Protest Fees - 500
- c) If the protest is found to be valid after review, the protest fee will be refunded.

12. Final Selection:

- a. **A National Coaching camp will be organized for the top 4 athletes in each weight category.**
- b. The date and the duration of the camp will be determined on a later date by the duly constituted committee.

13. Additional Terms:

- a) The Sports Authority of India reserves the right to amend or cancel the trials due to unforeseen circumstances.
- b) All top 4 selected players in each weight category will attend the NCC.
- c) Submission of false documents, misrepresentation, or breach of discipline will result in immediate disqualification.
- d) Sports Authority of India shall not be held responsible for any injuries,

accidents, or medical emergencies during the trials. All participants will compete at their own risk.

- e) If any other situation arises that is not covered by this policy, it will be resolved by the majority decision of the selection committee.

14. Public Transport Access:

- a. Nearest Bus Stand: Inter-state Bus Terminal (approx 08 km from venue)
- b. Nearest Railway Station:-
 - i. Guwahati Railway Station (approx. 94 km from venue)
 - ii. Kamakya Railway Station (approx. 104 km from venue)
- c. Nearest Airport:-
 - i. Shillong (Umroi) Airport (approx. 28 km from venue).
 - ii. Guwahati (Azara) Airport (approx. 100 km from venue).

15. IMPORTANT PROTOCOL:

- a. All athletes must be physically fit for the competitions.
- b. All participants Must follow the rules and regulations of the SAI STC Shillong.
- c. Self-monitoring of health by all the participants and must report to the Technical Officials in case of any illness.
- d. Spitting in the field of play, arena is strictly prohibited.

16. Contact Details:

For More Details, Kindly Contact:

- a. Sh. Sunil Rathee - High Performance Director (KISCE) - 7617616669
- b. Sh. Anil Sheoran (Assistant Karate Coach,SAI) - 8814016360
- c. Ms Chiryl (DEO) - 9366215096

Climate Advisory for Athletes – Shillong

1. **Expect Cool and Humid Conditions:** Shillong generally has a cool and pleasant climate. Temperatures in most months range between **15°C to 25°C**, but early mornings and evenings can feel colder, especially after rain. You are advised to carry winter clothes.
2. **Rain is Frequent:** Shillong is known for its **frequent rainfall**, even during non-monsoon seasons. Carry **light waterproof gear**, including rain jackets and water-resistant shoes.
3. **Stay Warm During Recovery:** Due to the cooler temperatures, especially in the evenings, athletes should **wear layers** post-training or post-event to avoid chills or muscle stiffness.
4. **Altitude and Air Quality:** Shillong sits at an elevation of around **1,500 meters (4,900 feet)**. While not extreme, new visitors may notice **mild altitude effects**—stay hydrated and allow time to acclimatize.
5. **Hydration is Key:** The cool weather may mask sweat loss, but **hydration remains critical**. Athletes should monitor their fluid intake closely.

Annexure-A

**WAIVER OF LIABILITIES
(KARATE SELECTION TRIALS)**

State: _____
Name of Participant: _____
Date of Birth: _____
Gender: _____

I, _____ the undersigned, knowingly and without duress, do voluntarily submit my Entry to the Karate Open Selection Trials for National Karate Squad at SAI STC Shillong from 12-14 October 2025. In consideration of the Sports Authority of India (SAI) accepting my application, I hereby assume all risk of physical and mental injuries, disabilities and losses which may result from or in connection with my participation in the Karate Selection Trials. The Karate Selection Trials is hosted by the Sports Authority of India (SAI) and organized by the SAI Training Centre (STC) Shillong, hereafter collectively referred to as "Organizing Committee", acting for myself, heirs, personal officers, agents, representatives and assignees, I do here by release the Organizing Committee, its officers, agents, representatives, volunteers, and other related members from all claims, actions, suits, and controversies at law or in equity by reason of any matter, cause or thing whatsoever that I may sustain as a result of or in connection with my participation in the Karate Selection Trials. I fully understand that all medical attention or treatment afforded to me by the Sports Authority of India (SAI) its officers, representatives, volunteers, and all other related members will be of the first aid only, and hereby release the Sports Authority of India (SAI) its officers, representatives, volunteers, and all other related members from any liability for such aid. I understand it is my obligation to obtain medical coverage.

I agree to abide by and follow the Rules established by the Sports Authority of India (SAI) and I understand that my protest must be conducted in accordance with the rules of Arbitration.

I agree that my performance, attendance, and participation at the Karate Selection Trials may be filmed or otherwise recorded or released or telecast live. I consent to the Sports Authority of India (SAI) to use my name, address, voices, poses, pictures and biographical data concerning full or parts, in any form or language, with or without other material, throughout the world, without limitation, for television, radio, video, theatrical medium picture, or any other medium by any devices now known or here after devised and I do hereby Waive any compensation in regard there of as well as any future rights to the aforementioned.

I have read and fully understand the waiver listed above.

Signature of Participant:

Date: ____/____/2025

Place: